

REGIONAL REPORT - ANDHRA PRADESH AND TELANGANA 2017-2018

DATE: 27th August 2017

VENUE: St. Theresa's Hospital, Hyderabad



The Regional meeting of Andhra Pradesh and Telangana, twin Telugu states, took place in St. Theresa's Hospital, Hyderabad on Sunday, 27th August 2017. There were 18 Sister Doctors present from all over Andhra Pradesh and Telangana. Among them were two Naturopathy, and the rest were Allopathic Sister Doctor.

The highlights of the 2017 Regional meet were:

- 1) New members enrolled.
- 2) More youngsters participated, and some of them were attending the Regional meeting for the first time.
- 3) More number of Sister Doctors were present than previous meets.

The day started at 8.30 am, with the Holy Eucharist celebrated by Rev. Fr. Vincent, Principal of St. Joseph's PG College, Gunfoundary, Hyderabad; in the Hospital chapel which was very well decorated, drawing us closer to God and it looked awesome. Sr. Dr. Lalitha MJ, Hyderabad Zonal Coordinator, introduced and welcomed the main celebrant. Father shared his own life events and challenges, inspiring us how we need to grab the opportunities, get updated ourselves, and become effective in our academics to one's full potentials; and thus be an efficient instrument in God's given mission.

Symbolic offertory of images of various objects, with meaningful reflections read out by Sr. Dr. Swapna MJ, added devotion to the Eucharist.

We had melodious, multi-language singing by the students of St. Theresa's nursing college, and soul filling spiritual input from the Father. Sr. Dr. Francis MJ, Regional President, thanked Rev. Fr. Vincent with flowers and a gift.

We started the academic session at 10 am. Sr. Dr. Francis MJ rendered her speech and warmly welcomed the Sister Doctors for the 2017 APT Regional meet. Sr. Dr. Lalitha introduced and welcomed Rev. Fr. Dr. Mathew Abraham, Director of CHAI, with a bouquet of flowers. Fr. Mathew talked on the importance of the presence of Sister Doctors as a spiritual and medical asset to the world. He insisted, saying that the more spiritual we are, the more fruitful we become. He asked us to reflect and write 3 memorable incidents in our life where others experienced God through us. All of us wrote and shared with our neighbours, and then a few of us shared with the larger group. This sharing enriched and deepened our faith in God. Sr. Dr. Sujatha MJ thanked Fr. Mathew with a small gift, for his excellent input and interactive session.

After lunch, we had the second academic session by Dr. Ashish Chauhan, the senior consultant-physician, who has other multiple added specialization degrees. Sr. Dr. Francis introduced and welcomed Dr. Ashish. He enlightened us on how to avoid law suits by using a mnemonic and updated us on adult immunization.



one each; with Cancer awareness program divided into 5 centres in 2 states. The procedure is explained using the format. We were asked to make it mega by involving the local politician as guest invitee. A reminder was given that the bills should be produced in favour of Sister Doctors Forum of India, as it is funding the program, and to send the report by end of November 2017 with good photos.

8. To conduct special medical camps in their own centres, like Anemia eradication / saving the girl child / school health checkups / life style related diseases HTN/DM/OBESITY camps; as a Jubilee memorial camp which will not be funded by SDFI.
9. Talked about fund raising in their own places from various sources (each Sister Doctor at least Rs. 10.000) by using brochures, which will be forwarded soon by SDFI.
10. Informed once again, that Dr. Sr. Marietta SAL is proposed from APT region to SDFI for the CHAI Award.

DOCTORS:

- D: Display your degrees
- O: Onus is always on you
- C: Cover yourself with insurance
- T: Treatment according to guidelines
- O: Own your patient as your family
- R: Record
- S: Surveillance.

Sr. Dr. Innamma CSA thanked Dr. Ashish with flowers and a gift, for his excellent and informative input sessions.

We had a business session which started with a prayer song by Sr. Dr. Deepa CSA.

The points discussed were:

1. Reading of the previous Regional meet report of 2016.
2. Separation of APT into AP and Telangana, to which no one agreed.
3. Directory update - addresses were corrected and the details of the Sr. Dr. transferred were deleted.
4. Life membership was encouraged, and 4 registered.
5. AP and Telangana were divided into 3 Zones, and Zonal Coordinators were selected.
6. Informed about forth coming AGBM -SDFI 2018 and Silver Jubilee Celebration at St. John's Medical College, Bangalore on 26th, 27th & 28th January 2018. APT Region was allocated the responsibility of cultural activities and picnic for the Jubilee. APT Region was allocated the responsibility of Cultural activities and picnic for the Jubilee.
7. Cancer awareness and Prevention and screening for cervical cancer programmes, were divided into 2 states,



11. All suggested to have the next APT meet in Phirangipuram, Guntur, AP; covering all the elements of Naturopathy.

The Regional Meeting was evaluated and the Sisters expressed their satisfaction regarding the venue, academic sessions, resource persons, food, accommodation and the time table. At the end of the session, Sr. Dr. Francis, President of thanked Sr. Dr. Lalitha JMJ and St. Theresa's Hospital, for hosting this meet and all the Sister Doctors for attending the conference. The boating trip was cancelled as many Sisters wanted to leave early. We concluded the meeting with high tea, thanking and praising God for His Providential Care.

Sr. Dr. Francis Annam JMJ
President, Andhra Pradesh &
Telangana Region