

REGIONAL REPORT - NORTHERN REGION 2017-2018

DATE: 10th September 2017

VENUE: St. Paul's Hospital, Clement Town, Dehradun, Uttarakhand



The Annual Regional Meeting of SDFI Northern Region was held at St Paul's hospital, Clement Town, Dehradun, Uttarakhand, on 10th September 2017. 10 Sister Doctors, belonging to the regions of U.P., Uttarakhand, Punjab, and Delhi were present for the meeting.

It commenced with a prayer by Sr. Dr. Rose Mary CFMSS, who also is the President of the SDFI Northern Region. She welcomed the members and introduced the days programme to the group. She appreciated the efforts taken by the members in spite of their busy schedule and wished many more to come forward for the regional meetings and to encourage one another.

The first session was delivered by Sr. Dr. Liza FSLG, on Cancers in Women, and she was introduced by Sr. Dr. Archana UMI. Sr. Dr. Liza explained about breast cancer and cervical cancer, screening, diagnosis and management modalities with the help of a power point presentation. Sr. Dr. Agnes thanked Sr. Dr. Liza for the informative presentation.

At 11 am, spiritual inputs were given by Rev. Fr. Tomy SAC, founder of the Cenacle Sisters of Sacred Heart at Bilaspur, M.P. Father exhorted the members, saying that the gift of healing comes from the Spirit of Jesus. If we are filled with the Spirit of Jesus, we can extend love, compassion, gentleness, availability and thoughtfulness towards others. Compassion always flows from the heart. The virtue of super speciality in our life should always be compassion. We had an hour of adoration before the Blessed Sacrament from 11 am to 12 noon. At 12 noon, we had the Eucharistic

celebration offered by Fr. Tomy, and the melodious choir led by the sisters of St. Paul's hospital community.

Post lunch Sr. Dr. Tessy ASMI, thanked Fr. Tomy for his spiritual input and for celebrating the Holy Eucharist. Sr. Dr. Jyothie SAP, presented him with a token of appreciation. She thanked Sr. Dr. Rose Mary for all the arrangements of the regional meeting and also thanked the sisters of St. Paul's hospital community for their hospitality.

Post lunch session was about sharing of SDFI news, activities in our mission and planning. Sr. Dr. Rose Mary informed the members that SDFI is bringing out a new directory this year and all the members were requested to go through the draft and if there is any correction, to kindly contact Mr. Cyril. This year's National SDFI meeting will be held from 26th to 28th January 2018, at St. John's National Academy of Health Sciences, Bengaluru. All were requested to attend the meeting as SDFI is also celebrating its Silver Jubilee year. She also briefed us about the new projects i.e. 'Screening and early detection of cancers in women' and conducting of 'Awareness Programmes in Cancer'. The first project was taken up by Sr. Dr. Liza from Meerut zone and Sr. Dr. Jyothie from Rampur zone. The second project was taken up by Sr. Dr. Judit, Sr. Dr. Archana, Sr. Dr. Tessy, Sr. Dr. Agnes, Sr. Dr. Jessy Maria and Sr. Dr. Betty. Detail about the projects and reporting, was explained by Sr. Dr. Rose Mary. Since Northern Region is very vast, consisting of many states and dioceses, there was a suggestion from the National SDFI team to divide it into four Zones. After a lot of discussion it was decided to

consult with the National Team and so Sr. Dr. Liza was entrusted with this responsibility. For the CHAI Award, Sr. Dr. Melba was suggested, and the second was Sr. Dr. Emmanuel from our region. There was a request for volunteers to attend the SDFI Silver Jubilee meeting scheduled in Bengaluru and Sr. Dr. Archana and Sr. Dr. Jessy Maria volunteered for the same.

Sr. Dr. Liza informed the members that FCRA for SDFI is approved by the Government and the group applauded the efforts that went into achieving it. She informed that this year, St. John's Alumni Association contributed some financial support to one Sister Doctor of each region to develop her hospital. From the Northern Region, Sr. Dr. Vidya Lopez has received the amount to develop her hospital.

Following are the activities of the Sister Doctors of the Northern Region: Beside their routine OPD, surgeries, ultrasounds etc, two sisters are serving in the Government hospitals for one hour OPD on every 9th of the month under Pradhan Mantri Matrutva Surakshit Seva. One Sister is doing ultrasounds under this scheme. Other activities are - twice a week mobile clinic, once in three months outreach programme for mentally challenged persons, health camp

once a month, treatment for snake bites and all types of insect bites, home based palliative care, HIV/AIDS care in centre, de-addiction centre, Ayurvedic treatment for musculo-skeletal illness, panchkarma therapy training, RNTCP -DOTS programme, Microscopic centre, anaemia eradication programme, Girl Child programme, immunizations, school health programme, community health and outreach programme, sex education in schools and seminary, classes during marriage preparation course, health awareness programme, health programmes for rickshaw pullers group with social workers, free ante natal checks for fourth child of the family and 25% free treatment for the poor and senior citizens in the hospital.

At 4 pm, Sr. Dr. Rose Mary had arranged for an outing to the Tibetan Temple and colony, which was enjoyed by all.

All returned to their places, thanking the Lord for being spiritually enriched, academically nourished and relaxed to work with more zeal and enthusiasm in their respective hospitals.

Sr. Dr. Rose Mary CFMSS
President, Northern Region

Sr. Dr. Jyothie Serrao SAP
Secretary, Northern Region

